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PROGRAM PROFILE

Table of Contents

Club Affiliations.....	2 & 3
Letter From the Director of Coaching.....	4
Nike Relationship.....	5
US Soccer.....	6
US Youth Soccer.....	6
WeGotSoccer.com.....	6 & 7
Black Watch Youth Academy.....	8
Youth Academy Philosophy.....	9
Youth Academy Staff.....	9
Black Watch Premier Flight.....	10
Premier Flight Philosophy.....	11
Premier Flight Leagues/Events.....	11
Black Watch Elite Flight.....	12
Elite Flight Philosophy.....	13
Elite Flight Leagues/Events.....	13

Super Y League & SYL Nat'l Team Players.....	14
US Club Soccer.....	15
id2 Program.....	15
Coaching Philosophy.....	16
Speed & Agility.....	17
Black Watch Goalkeeping.....	17
History of Black Watch.....	18
Testimonials.....	19
Club Advisory Board (CAB).....	20
Momentum Sports Management & Marketing.....	21
Nike SPARQ.....	21
Black Watch Success.....	22
Middlesbrough & XL Travel.....	23
Club Comparison.....	24
Player Products.....	25 & 26

club
affiliations





your future awaits...



Letter from the Director of Coaching

At Black Watch, we have prided ourselves in exposing our players to the highest level of competition possible for youth soccer players. Whether we travel to Middlesbrough, England to train in their Youth Academy and compete in friendlies with other Premiership Clubs or whether we compete in the US Soccer's Nike Friendlies or whether we compete at the Surf Cup in sunny San Diego, California, the message is clear, we try to push the envelope for our players and teams. I believe the average player in the Greater Albany area should have the same opportunities to go onto college and beyond as the average player in Dallas, Texas or Tampa, Florida or even San Diego, California. Without pushing the envelope for our players, Albany simply didn't matter on the national stage and we can argue it still might not. But quietly our staff has produced 4 US Youth National Team players and many quality collegiate players. This year, we are introducing our Elite Flight to sit as the pinnacle program on top of an already successful Premier Flight and Youth Academy. Hopefully, one of our programs fits you and your player.



steve
freeman



Nike Relationship

Headquartered in Beaverton, Oregon, Nike, Inc. has taken the soccer world by storm over the past 10 years. Launching a division in a sport that had many retailers, vendors and product lines was no easy task, but with typical Nike style, being just one of the gang was simply unacceptable.

Nike quickly began supporting talented young players like Eric Cantona of Manchester United and Paolo Maldini of AC Milan and the Italian National Team. Then, Nike signed the Brazilian National Team and the US National Team (both Men and Women) and soon after that Ronaldo. Personalities and highly sophisticated teams and programs became the image of Nike Soccer.

Beginning to realize their position in the world's game, Nike dedicated a tremendous grass-

roots effort into youth soccer. Nike established the Nike Sports Marketing Club concept. The Sports Marketing Club concept is one that provides a partnership between Nike and the youth soccer club to help support programming and to better our player pools for the United States Soccer Federation. Black Watch Premier is proud to be one of the 40 Nike Premier Clubs in the entire United States of America.

Being a Nike Premier Club gives our membership direct access to US National Team staff for identification and training clinics, game-day access to US NT matches and US NT player appearances. Also, Nike and the USSF have partnered to create one of the most prestigious events in the country, the Nike Friendlies for Boys and Girls ages U16-U18.

It doesn't stop there. Nike also has developed the Manchester United

Nike International Premier Cup for U14/U15 boys and girls, which is the world's Club Championship for U14/U15 players. But it doesn't end there, Nike has been part of the new movement in the US. The movement to bring the best soccer minds together to create a network to support player identification, better soccer programming, sharing of soccer business models and general soccer partnerships through the Nike Premier Club Summit.

Black Watch Premier is proud to be sponsored by Nike and has been since 1999 when Black Watch Keelley lost in the North American Semi-Finals to the Chicago Sockers FC. Thank you Nike Soccer! We are proud to be part of the family at Nike!

US Soccer

As the governing body of soccer in all its forms in the United States, U.S. Soccer has helped chart the course for the sport in the USA for 90 years. In that time, the Federation's mission statement has been very simple and very clear: to make soccer, in all its forms, a preeminent sport in the United States and to continue the development of soccer at all recreational and competitive levels.

Since the start of the new decade U.S. Soccer has set their sites on establishing a strong base for the future of the sport in the United States. As part of that process, the Federation developed and presented a five-year business plan that was approved by the Board of Directors in October 2000, and began to lay the groundwork for the player and facility initiatives coming to fruition today.

Throughout the five-year business plan the question "Where does U.S. Soccer want to be in five years?" was consistently used as the barometer in the organization's decision making.

Over the past several years, the Federation has been able to satisfy their operating reserve and increase their efforts in player development which is of the highest priority.



USYS

US Youth Soccer is a nationwide body of over 600,000 volunteers and administrators, and over 300,000 dedicated coaches, most of who also are volunteers. US Youth Soccer registers over 3,000,000 youth players between the ages of five and nineteen. US Youth Soccer is made up of 55 member State Associations; one in each state, and two in California, New York, Ohio, Pennsylvania and Texas.

US Youth Soccer is non-profit and educational organization whose mission is to foster the physical, mental and emotional growth and development of America's youth through the sport of soccer at all levels of age and competition. US Youth Soccer's goal is to make it fun, and instill in young players a lifelong passion for the sport.

WeGotSoccer.com

WeGotSoccer.com is a valued partner with Black Watch Premier since 2002. WeGotSoccer.com handles all retail components of our Nike Sports Marketing contract and any additional soccer equipment needs. Each club member is given an account, so the Club's purchases can be tracked by Nike and benefits are derived from shoe and equipment purchases.

WeGotSoccer.com has designed an online Club site where our members can utilize their 20% discount on all Nike merchandise and can order any Club merchandise directly from WeGotSoccer.com.

This streamlined approach has enabled our members to continue to receive the highest quality of equipment from Nike at a great savings and in a timely fashion.



“We work with hundreds of organizations around the country and the Black Watch organization stands out in terms of their commitment to their membership – they provide an atmosphere that can’t help but develop the individual as well as the soccer player!”

-Michael O'Connor, WeGotSoccer.com



Black Watch Youth Academy

Established in 2005 the Youth Academy was designed to foster technical skill development in youth players ages 6-10 years old. At Black Watch, our Academy-aged players are grouped into player groups or classes of 8-12 players. The Youth Academy is just that, a learning environment similar to your child's academic classroom.

At the Youth Academy, we have sound developmental training sessions and our instructors are typically very technical soccer minds with backgrounds in our American Education System. The Youth Academy players train once per week and have an in-house match or out-of-house match/friendly to reinforce their technical development.

Our U8s, U9s and U10s remain local and do not travel beyond the confines of the Capital Region. The program begins in September and runs through the beginning of June.





challenge
yourself

Youth Academy **Philosophy**

At the Youth Academy, we are seeking youth players and families who value professional soccer training of individual technical skills in small-sided playing situations. To be a member of the Youth Academy, you and your child do not need to exit your current town program. Your child can be registered through US Club Soccer, as well as Eastern New York/CDYSL/USYS.

Youth Academy **Staff**

Our professional staff includes DOC Steve Freeman, MS in Teacher Education and BS in Elementary Education-USSF National A License, Academy Staff Coach Bill Blesi, BS in Elementary Education-Shaker Varsity Boys Coach and Jake Boland, undergraduate degree from SUNY-Binghamton and currently working in the North Colonie School District-Cohoes Varsity Boys Coach.

Black Watch Premier Flight

At Black Watch, a natural gradient of our program has developed over the past 12 years. We are continuing with our Premier Flight that has developed some of the top youth soccer talent in the Northeast. Our Premier Flight will run for ages 11-13 which encompasses the U11, U12 and U13 age groups. Our age groups will train twice per week, indoor and outdoor. They will also train in an Academy-style joint session with U11s, U12s and U13s mixing. This session will enable skill development to remain a constant thread throughout their youth development.

An 8-session Speed and Agility program will also be introduced. Finding competitive leagues and matches is vital in any competitive program. Our Premier Flight will compete within the local market as well as the state. At the U13 age group, more significant travel and competition will be introduced through Super Y League. The Premier Flight runs from September through June/July, depending on any summer events.

wiliness to learn





Premier Flight Philosophy

The Premier Flight was designed to give youth soccer players a more professional experience than the local competitive program through professional instruction, greater frequency of training sessions, higher caliber players with a greater commitment level to the sport and state/regional level competition.

All players ages 11-13 are welcomed in our program. Technical development is still the top priority, but some basic tactics are also being introduced through small-sided matches in training. If you are serious about the sport, and want to take the next step from your local travel program, then this is the perfect program.

Teams are split evenly by ability as we try to run several groups in these age groups. There is no "A"

and a "B" team, only two groups which train side-by-side and intermix. We try to keep groups smaller for better technical instruction. At U13 is when groups are being pulled together for Super Y League at the end of the U13 year, April through July.

Premier Flight Leagues & Events

The Premier Flight typically competes in the following events:

- ENYYSA State Cup
- Northeast Region Premier League or ENYYSA Premier League or CDYSL (typically playing up an age group)
- Nike New England Soccer Classic (Memorial Day)
- Nike Seacoast United Columbus Day Tourney
- Jefferson Cup sponsored by Nike (March), U12s and U12s
- US Club Soccer Regionals (June)
- Bethesda Invitational (November)

Black Watch Elite Flight

The Elite Flight will run for players 14 through 19 years old and will encompass the following age groups: U14, U15, U16, U17, U18 and U20. The program will begin following the conclusion of the scholastic season in November and will run through the middle of August. Age groups will train three times per week, indoor and outdoor. Professional goal-keeper instruction will also be provided for our goalkeepers. An 8-week Speed and Agility Program will also remain part of the program for 2008-09.

*will you be the one to
fill these stands?*

we think so...



success



Elite Flight Philosophy

At Black Watch, we pride ourselves in our mission to support US Soccer through player development. Our primary objective is to develop players for our US Youth National Teams as well as developing players to the maximum potential. We have been very fortunate to have been part of the development of 4 US Youth National Team Members.

- Paul Gerstenberger (Former Member of the U18 US MNT)
- Dave MacVane Jr. (Former Member of the U17 US Residency Program)
- Warren Gross (Current Member of the U20 US MNT, Former Member of the U18 US MNT)
- Morgan Smith (Current member of the US U14 National Pool)

In taking this mission seriously, we

increased our training frequency to three times per week in 2007-08 to match US Soccer's Development Academy initiative, and will continue this model throughout the Elite Flight. Speed and Agility will also be laid into the program, as will professional goalkeeping instruction for our goalkeepers.

We want to continue to be the home of the most competitive male players in the Capital Region, and want to add females with the same level of commitment and passion for the sport in 2008-09. This is the time in which we start to build separate groupings of players based upon their ability and commitment level.

Elite Flight Leagues & Events

The Elite Flight typically competes in the following events:

- Super Y League-Northeast Division (April-August)

- ENYSA State Cup
- USYS Region I League or Northeast Region Premier League
- US Club Soccer Regionals
- Score at the Shore (NC)-U15s, U16s, U17s, U18s
- Nike Surf Cup (CA)-U16s and above
- Jefferson Cup sponsored by Nike (VA)-all ages
- Bethesda Invitational (MD)-all ages
- PDA Thanksgiving College Showcase (NJ)-U17s & U18s
- Potomac Cup Memorial Day Tourney (MD)-all ages
- Red Bull College Camp (Invitation only)-U17 & U18s

Super Y League

The future of soccer lives in the USL Super Y-League, a professionalized system that is the first step for developing elite youth soccer players in North America. The league is designed for talented youth players destined for professional or international careers. Through ODP status events, the nation's top players are identified for selection to U.S. National Team Programs. The league features over 600 teams within the U13 – U17 boys and girls age groups competing within eight geographic divisions of the U.S. and Canada.

SYL National Team Players

(2004) Paul Gertsenberger, (2005) Chris Curley, (2005) Denzel Ogunyase-Alternate, (2006) Randy Taylor, (2007) Pat Ryan. Over 25 players from Black Watch Premier were identified and invited to compete at the SYL National Camp. US Soccer sends their National Scouts to identify players for the US Youth National Teams. At the older age groups, college coaches have begun to use the event as another high-level recruiting showcase.



dream
big



US Club Soccer

US Club Soccer is a non-profit organization committed to the support and development of competitive soccer clubs. It is founded on the belief that soccer clubs, which are in the business of elite player development, need an organization of their own to foster growth, address concerns, and sanction and provide programs with a minimum of rules and restrictions.

id2 Program

id2 is revolutionizing the way the country's top youth players are identified and developed by watching players in their own environment as they compete with their club teams. With id2 scouts spread out across the country they are able to scout the best talent without the restrictions of other development programs. Players are identified regardless of their affiliation which makes the id2 program more appealing to everyone but more importantly allows id2 scouts to choose the best youth soccer talent.

Coaching Philosophy

The overall philosophy of our coaching staff is to develop our pools of players in professional, challenging training and match environments. Our main objective is to get our players to realize their potential and to dream about the possibilities, and then taking those dreams and helping our players realize them. Whether it is becoming a competitive high school player or a Division I prospect or even a future professional player or a US Youth National Team Member, providing the necessary player identification opportunities is paramount to the Club and our staff.

We have tried to create a gradient of programming beginning in the Youth Academy, then rising in commitment and expectation to the Premier Flight and finally the pinnacle of our program, our Elite Flight where we are creating future opportunities for our players exiting to our Club.



“A coach is a mentor, one with technical insight, one who can instill passion and desire for the game we love. One who leaves a legacy behind through the players we touch. I am proud of our staff at Black Watch, and I am confident that our staff can get your player to realize their potential.”

-Steve Freeman, DOC & Founder, Black Watch Premier



Speed & Agility

Our speed training programs are designed to take the serious soccer player or teams to the next competitive level. Through improved conditioning and increased speed, our training can help athletes competing at any level achieve their full potential. Our speed and agility training sessions are run by the best and most qualified coaches in the capital district and can accommodate individuals, small groups, or teams.

Black Watch Goalkeeping

It is unfortunate that coaches these days either do not have the knowledge or time to dedicate to this specialty. This is one reason why we have decided to implement a goalkeeping academy. Our mission is to provide an environment where committed goalkeepers of all ages can develop a true working understanding of the position of tending goal. Motivation and the willingness to learn will result in the understanding of their role in the games.

The History of Black Watch

Black Watch began its inaugural season with two competitive teams on the boys' side, an Under 12 and an Under 19 team. Within 3 years, the Club had expanded to include a staff of 10 coaches like Kirk Sinkins, Jim Hesch, Todd Hoffard, Joe Pessetto and Ed DuGuay and 8 teams. During that season, Freeman's Under 14 team, Keelley, gained entrance into the prestigious Nike International Premier Cup which is the world's Club Under 14 Championship with all continents represented. Keelley was able to advance through the East Regional at FC DELCO and headed to the North American Championships at Nike World Headquarters in Beaverton, Oregon. Keelley advanced out of its group losing to the Chicago Sockers FC in the semi-finals missing out on advancing to the World Finals in Barcelona, Spain to play the likes of Boca Juniors (ARG), FC Barcelona (ESP) and Arsenal (ENG). This impressive showing plus Freeman's connection to Nike Soccer as a professional player launched the Club's relationship with Nike as a Sports Marketing Club and Black Watch has been one of the 40 assets ever since.

make
history



Player Testimonial

“I have been at the club for only a year, but during that time all the aspects of my game have improved significantly. Steve Freeman is an excellent coach who teaches you what you need to be a footballer at the highest level possible. Also the other players at the club are very welcoming to newcomers. They make new members feel at home very quickly and you learn from them and form friendships that are not exclusive to just practices and games.” [Rush Farinella, Black Watch U16 Boys](#)

Player Testimonial

“Playing for Black Watch has done so much for my game. The training and coaching I’ve had has greatly raised my skill level and my confidence. I always look forward to practice; my coach and teammates are great. I’ve never enjoyed soccer this much!” [Madison McPartlon, Black Watch U13 Girls](#)

Player Testimonial

The past three years have provided me with not only an opportunity to improve my personal skill, but to also challenge me with a higher level of play. Club relationships has allowed our team to compete on a national level, but they also gave us the chance to train in England with the Middlesbrough Football Club. Most importantly, I feel that my experience with Blackwatch S.C. will open doors for me at the collegiate level fulfilling my hope to become a college player. [Andrew Marino, Black Watch U17 Boys](#)

Club Advisory Board (CAB)

The Club Advisory Board, which is governed through consensus, addresses any problems or concerns from membership (including players, coaches, parents, managers and the external community). The goal is to improve communication throughout the soccer community both internally and externally as well as maintain existence through continued solicitation of volunteers into its ranks.





Momentum Sports Management & Marketing

“Momentum Sports is a company designed to support the best technical soccer minds, bring their organizations together to help manage, market, provide services and personnel, and programs to develop its entities into the very best programs around the country.” Momentum wants to create a cohesive collection of entities working together to provide the club environment that every organization strives for.

Nike SPARQ

SPARQ is an acronym, standing for Speed, Power, Agility, Reaction and Quickness. The mission is to help athletes improve in all of those areas through focused & dynamic training. If they improve their overall athleticism, there is no question they will improve their game. SPARQ has comprehensive assessment protocols for six sports, including soccer. What these tests reveal to athletes is their strengths and weaknesses, helping them to better target their training.

Black Watch Success

1998 Quarter finalist Tampa Sun Bowl...Keelley '85s

1999 Runner-up Nike International Premier Cup-East Regional...Keelley '85s

Semi-finalist Nike International Premier Cup-North American Finals...Keelley '85s

2000 Fifth Place Super Y League Nationals...Keelley '85s

Fifth Place Super Y League Nationals...Aberdeen '87s

2001 Semi-finalists in ENYYSA State Cup...Aberdeen '97s

2003 Finalists ENYYSA State Championships...Dundee '90s

2005 National Champions Super Y League Nationals...Under 17 Girls

National Runners-up Super Y League Nationals...Under 18 Girls

US Club Soccer National Cup Semi-finalists...Dundee/BW RI U14s

2006 San Diego Surf Cup Semi-finalists...Dundee '90s

9 Teams advanced to SYL North American Finals

Jefferson Cup Semi-finalists...Dundee '90s

2007 Super Y League Northeast Champions...Griffins '91s (Under 15 Boys)

Score at the Shore (NC) Quarter-finalists...Dundee '90s (Under 16 Boys)

Jefferson Cup (VA) Semi-finalists...Dundee '90s (Under 16 Boys)

2008 ENYYSA State Cup Finalists...Midlothians '93s (Under 14 Boys)

ENYYSA State Cup Semi-finalists...Keelley '95s (Under 12 Boys)

Jefferson Cup Champions...Griffins '91s (Under 16 Boys)

Potomac Cup Semi-finalists...Dundee '90s (Under 17 Boys)

MAPS Fall Classic Champions...Highlanders '92s (Under 15 Boys)

Middlesbrough & XL Travel

XL Travel has worked with Black Watch Premier for many years, bringing the very best Black Watch players to Europe to compete and train with the top academy programs. Black Watch teams and individuals have consistently performed well against their European counterparts and several individual players have been identified by professional academies, most notably by Middlesbrough Football Club. They have scouted several Black Watch players and a strong relationship between Middlesbrough FC and Black Watch Premier has developed.

Middlesbrough Football Club's Academy is the most successful in Europe having produced more international players at all ages than any other team including two full England internationals, one Australian international, four current England U21 internationals, seven former U21 internationals and youth players competing in the national teams at all age groups.

This relationship is certain to grow and will provide many opportunities for young American players to develop with Black Watch Premier and then be given a chance at one of Europe's most successful soccer academies.

XL Travel will continue to provide World class tour options that see Black Watch Premier competing at the very highest level around the globe.

-Kris Lamb, Director, XL Travel

<i>WHAT CAPTIAL REGION CLUBS OFFER</i>	<i>BLACK WATCH PREMIER</i>	<i>CLUB 1</i>	<i>CLUB 2</i>	<i>CLUB 3</i>
Major Club Sponsor	Yes-Nike Premier Club	None	None	None
Practice/Training Times	Unlimited	Limited	Limited	Limited
Indoor/Outdoor Facilities	Indoor/Outdoor	Indoor	Outdoor	Outdoor
National/International Experience	Yes	No	No	No
Type of Tournaments Attended	Premier Level	Local	Local	Local
Agility & Strength Training	Yes	No	No	No
Club Wide Events	Yes	No	No	No
International Travel Opportunities	Yes	No	No	No
Uniforms Included	Yes	No	Yes	Yes
Club Partners Outside Albany	Yes	No	No	No
Academy	Yes	No	No	No
Super Y League	Yes	No	No	No
Super F League	Yes	No	No	No



Player Products

Black Watch Premier is proud to have played a key role in our players' development. It is the Club who develops programming and forges the relationships with college coaches and scouts for professional academies and our youth national teams. Players like Robbie Sgueglia (Mohonasen '06) who competed for UCONN for two seasons and is now headed to Old Dominion University. Robbie Millock (Shaker '07) at Harvard who started 12 matches for the Crimson under Head Coach John Kerr before he exited for the Duke University Head Coaching job. Paul Gerstenberger (Colonie '05) at Boston College is entering his senior season and was honored as one of the 36 players in the US Olympic Pool for this summer's games. Danny Casserly (LaSalle '08) is headed to St. Lawrence University and will compete for another NCAA Division III National Championship. Denzel Ogunyase (Albany Academy '08) signed with Elon College who tied Wake Forest, UNC-Chapel Hill and Clemson this past season. Zak DuGuay, Austin Hughes and Sal Sapienza who are all headed to NCAA Division I Institutions like Canisius College, Binghamton University and the University of Maine. Over the past 5 years, Black Watch has graduated many scholar-athletes who have gone on to compete collegiately at NCAA Division I, II and III programs nationwide.

To Learn More

To learn More please go to our web site at www.blackwatchsoccer.us. Thank you for your interest in Black Watch Premier and taking your time to read through our program profile.

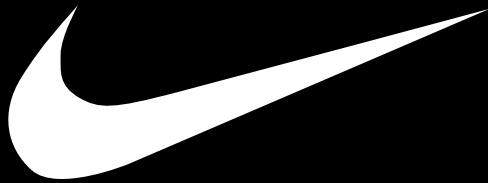
College Players

First Graduating Class 2004

Trey Jasenski University of Nevada-Las Vegas
Pat Ryan Virginia Tech
Denzel Ogunyase Elon University
Austin Hughes Binghamton University
Kyle Roney Binghamton University
Paul Gerstenberger Boston College
Dave MacVane Jr. University of South Carolina
Warren Gross Penn State University
Tim Daigle Hartwick College
Anthony Lino University of Buffalo
Zak DuGuay Canisius University
Sal Sapienza University of Maine
John Roche Colgate University
Adam Costello Colgate University
Jake Ostrov University of Maine
Joe Sorriento Oneonta State University
Jordan Flores Oneonta State University
Matt Lindemann Oneonta State University
Nate Hazen Clarkson University
Dan Casserly Saint Lawrence University
Frank Campagnano Hamilton College
Topher Breedlove Hamilton College
Matt Narode Binghamton University
Roberto Sgueglia Old Dominion University/UCONN
Robbie Millock Harvard University
Ted Wolfson Princeton University
Tucker Nathans Fairfield University
Geoff Narode Siena College/U. of New Hampshire
Matt Turcio Siena College
Jason Reed Cornell University/RPI
Scott Couch College of Saint Rose
Gavin DuGuay College of Saint Rose/Bing. University
Nate Joseph College of Saint Rose/USMC

Joe Capobianco College of Saint Rose
Mike Przekop College of Saint Rose
AJ Lobalbo Plattsburgh State University
Justen Legge Plattsburgh State University
Paul Angelo Union College
Mark Zeyak Union College
Brian Wade Union College
Justin Lofaro State University of New York at Buffalo
Elon Backer George Mason University
DJ Martin State University of New York at Potsdam
Randy Taylor Lenoir-Rhyne College
Rob Wexler State University of New York at New Paltz
Corey Cameron US Merchant Marine Academy
Bryan White University of North Carolina at Charlotte
Colin Monkiewicz University of Massachusetts at Amherst
Dan Carr Manhattan College
Greg Hardy University of Rochester
Andrew Korhun State University of New York at Utica
Kyle Tassone State University of New York at Utica
Greg Anne St. Francis University (PA)





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